



5K RUN/WALK

For healthy minds and healthy bodies

Please join us on Sunday October 23, 2011 for the third annual 5K Run or Fun run/walk to support the J.P. Case Middle School students and community. Our route begins and ends at J.P. Case, conveniently located just off Route 202 in Flemington, NJ. Not able to join us? Please sponsor a student runner to participate on your behalf! Awards for top three runners in the adult and student divisions, male and female categories. T-shirt and goodie bag to all registrants of 5K*. Refreshments and indoor restrooms available. Free parking. Finish times and race results will be available on line within 48 hours of the event.

** Pretzel City Sports professional timers will be in place.

10.23.11

JP Case Middle School—Flemington, NJ

7:30 am Event day registration & check-in
 8:30 am Fun run/walk
 9:00 am Pre-race community stretch
 9:30 am 5K begins
 11:00 am Awards Presentation
 Adults & Students Division

J.P. Case PTO 5K Registration Form ■ Sunday—Oct. 23, 2011

Name _____ Gender: M or F Age on Race Day _____

Address: _____

Street City State Zip
 Email _____ Phone number: _____

Please register each 5K participant individually, and return by October 1, 2011 for early registration.

Make checks out to: J.P. Case PTO - Attention 5K Run ■ Mail to: J. P. Case PTO 5K, 301 J.P. Case Blvd, Flemington, NJ 08822

- 5K Adult Registration—\$20** (*fee includes t-shirt) 5K Shirt Size S M L XL
- 5K Student Registration—\$15** (*fee includes t-shirt) School _____
- I'd like to compete in the adult division instead.*
- Fun Run/Walk Registration— \$10** (fee includes achievement medal)
- 5K Runner Sponsorship — \$20** (I would like to sponsor a student to run for me)

*Registration forms received by Oct. 1st will receive an event t-shirt. After Oct. 1st registrants will receive t-shirts on a first come, first serve basis (availability is limited)

Waiver and Release (must be signed):

I, intending to be legally bound for myself, my executors, and heirs, waive and release any and all right I may hold against the sponsors, administrators, race directors and officials of "J.P. Case PTO 5K Run/Walk" of any and all injuries and or losses sustained by me as a result of participating in this event. I give consent to use my name and/or likeness for publicity and promotional purposes without obligation or liability to me. I understand that roller skating, rollerblading, dogs, baby strollers, and headsets are prohibited. I also understand that my entry fee, once paid, is nonrefundable.

Signature (If under 18, must be signed by parent or guardian)

Date