



Flemington-Raritan Girls Softball League



January 1, 2012

Dear Parents and Softball Players,

On behalf of the Flemington-Raritan Girls Softball League (FRGSL), we would like to welcome you to another season of girls softball. Registration for the 2012 recreation softball season is now open. Registrations postmarked after January 31, 2012 will incur a late fee of \$20.00 and registration closes February 28, 2012. Register online at www.frgsl.org

FRGSL provides opportunities for girls in the Flemington-Raritan township area to participate through recreation and travel programs. The recreation program provides playing opportunities for girls presently enrolled in grades K through 10. The recreation league fees cover league expenses including; uniforms, clinics, fields, umpires, trophies and the end of season picnic.

The travel program known as the Flemington Flames provides opportunities for those girls who desire and have the skills to play a higher level of competitive softball. In 2010, we created our first 8U team in the Spring bringing our total number of travel teams to six (8U, 2-10U, 12U, 14U, and 16U). Plans are under way for the Flames to sponsor tournaments in 2012 as well as create an 8U Team in the spring that would play in 1-2 tournaments.

FRGSL is entering its 21st year of providing girls softball in the greater Flemington area. The FRGSL board is committed to enhancing the softball experience for those that participate. League notes for the upcoming season include;

- Recreational play at the following five grade brackets: Kindergarten (6 week Instructional level program), grades 1 and 2, grades 3 and 4, grades 5 and 6, and grades 7 through 10.
- Games will be block scheduled for Monday through Friday evenings, and Saturdays in 2012.
- A Parent's and Player's Code of Ethics Pledge will be required. The League will hold all participants (Parents, Coaches and Players) accountable for behavior which conflicts with the spirit of the Ethics Pledge.
- Several early season clinics will be offered for players and coaches that will further develop their softball knowledge and skills.
- Playoffs are held only for 5-6 and 7-10 levels.
- All games from level 3-4 and above will have an umpire assigned to the game.
- Team sponsorships. Please contact FRGSL board if you are interested in sponsoring a team.
- Umpiring opportunities are available for kids who are in sixth grade and above.

2012 Schedule and Events

- Team selections will occur in March and coaches will contact parents following league drafts.
- Practices will start in late March or early April, weather permitting.
- Kindergarten clinic is a 6 week program that starts in early May.
- Opening day is scheduled for **April 21st** and the end of season picnic is June 9th.

If your daughter hasn't played before, consider participating and experience why softball popularity is on the rise in our community. If your daughter has played before, we look forward to seeing her back on the field in 2012!

Respectfully,

FRSGL Board



Flemington-Raritan Girls Softball League

2012 Registration Information

Please complete one registration form for each child you are registering.

Mail completed registration form(s) and registration fee payable to:

**Flemington-Raritan Girls Softball League
P.O. Box 24
Flemington, NJ 08822**

EQUIPMENT

The league provides a shirt, visor, shorts and socks for grades 1 thru 10. (K grade receives a T Shirt) Team equipment is provided and includes; bats, balls, catcher equipment and batting helmets at each game. For grades 1 thru 10, it is recommended that knees be protected while playing.

Additional forms and information are available at:

**FRGSL League Website
www.frgsl.org**

Players may provide their own NOCSAE approved batting helmet with face cage.

SAMPLE UNIFORMS Available at Sneaker's Plus to determine correct size.

REGISTRATION SCHEDULE AND FEES

	<u>K Grade</u>	<u>1-10th Grade</u>
General Registration (mailed/postmarked by 1/31/12)	\$60	\$115
Late Registration (mailed/postmarked after 1/31/12)	\$80	\$135

Please make checks payable to: **Flemington-Raritan Girls Softball League**

Family Discount: Deduct \$20 for each additional child per family; (1st child pays fee from above table, subsequent children deduct \$20 off the per child's fee from above table). For families with three or more children in the program, the maximum family registration fee is \$285.

Registrations will be accepted based on availability after 2/28/12. Financial aid available.

SPONSORSHIP REQUEST

If you would like to sponsor a team, information is available via the website, www.frgsl.org

FRGSL'S PARENTS PLEDGE

As a parent or legal guardian of a child participating in the FRGSL program, I/We understand and agree to the following:

1. Never openly criticize umpires and coaches during a game.
2. To pick up my child within five minutes of the end of a game or practice.
3. Treat coaches, volunteers and league officials with respect.
4. Never use inappropriate, derogatory or vulgar language during a game or practice.
5. Be supportive of the players, coaches, umpires and volunteers in a positive manner.
6. Encourage my child to be the best team player she can be.



Flemington-Raritan Girls Softball

Registration Form 2012

Please complete all information below for each child you register.
See other page for additional registration information.

Name (first/last) <input type="text"/>		School <input type="text"/>		Current Grade <input type="checkbox"/>
Address <input type="text"/>		Birthdate (mm/dd/yy) <input type="text"/>		
City/State/Zip <input type="text"/>	<input type="text"/>	<input type="text"/>	Home Phone <input type="text"/>	

Father's Name <input type="text"/>	Bus/Cell Phone _____
Mother's Name <input type="text"/>	Bus/Cell Phone _____
E-Mail Address _____	
Emergency Contact (if parents unavailable) _____	Phone _____
Doctor to Notify in Emergency _____	Phone _____
List any allergies, medical problems or conditions, current medications _____	

For K thru 10th grade: Circle players SHIRT SIZE: Youth: S M L XL Adult: S M L XL (Sample Uniforms available at Sneaker's Plus for fittings)	For 1st thru 10th grade: Circle players SHORT SIZE: Youth: S M L XL Adult: S M L XL
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Parent participation is an important part of making the FRGSL program a success. We need your help, so please indicate where you can assist. Coaches will need to be fingerprinted.

___ Coach ___ Assistant Coach ___ Picnic

___ Level Coordinator
(Please provide E-Mail address above)

Hospitalization Insurance Information

Insurance Co. _____ Policy or ID# _____

Insured Name _____

CONSENT FOR MEDICAL TREATMENT:

As the parent or legal guardian of (name of registrant) _____, a minor, I hereby give consent for emergency medical care, if required, as a result of injury or illness that may occur during this activity. This care may be given under whatever conditions are necessary to preserve the life, limb or well being of my dependent.

Signed (Parent or Guardian) _____ Date _____

WAIVER AND RELEASE OF LIABILITY:

As the parent or legal guardian of (name of registrant) _____, a minor, I agree that in consideration of being allowed to participate in the Flemingington-Raritan Girls Softball League, I will waive any right legal or equitable, to claim damages for any loss to person or property occasioned by participation in such programs. I hereby release, discharge, hold harmless and/or otherwise indemnify the Flemingington-Raritan Girls Softball League, its officers, agents, and associated volunteer personnel, against any claim by or on behalf of the registrant as a result of the registrants participation in the program. I fully understand the terms and conditions of this liability release and agree to adhere to the FRGSL code of ethics.

Signed (Parent or Guardian) _____ Date _____

Please Note: Request for coaches or teammates will not be honored. Teams are selected via a Draft

FRGSL

Code of Ethics

Parent Agreement

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship.

As the parent of a FRGSL player I therefore agree:

- I will not force my child to participate in softball*
- I will remember that children participate to have fun and that the game is for the children, not for the adults*
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others*
- I will learn the rules of the game and the policies of the league*
- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other league function*
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures*
- I will not encourage any behaviors or practices that would endanger the health and well being of the athletes*
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence*
- I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability*
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance*
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time*
- I will never ridicule or yell at my child or other participant for making a mistake or losing a game*
- I will emphasize skill development and practices and how they benefit my child over winning. I will also deemphasize games and competition in the lower age groups*
- I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win*
- I will respect the coaches and their authority during games and will never question or confront coaches at the game field or in front of the children, and will take time to speak with coaches at an agreed upon time and place*
- I will remember that all coaches are donating their time*
- I will not enter the dugout during a game, unless expressly requested by the head coach*
- I will demand a sports environment for my child that is free from drugs and alcohol and I will refrain from their use at all league events where children are present*
- I will refrain from coaching my child or other players during games and practices, unless I am one of the named coaches of that team*

- *I know that to play the game is great, but to love the game is greater. I acknowledge that this Code of Conduct has been adopted by FRGSL under the authority granted by New Jersey law, including but not limited to N.J.S.A. 5:17-1 et sec. I agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action by Flemington Raritan Girls Softball that could include, but is not limited to the following:*
 - *Verbal warning by official, head coach and/or Club Board Member*
 - *Written warning;*
 - *Parental game suspension with written documentation of incident kept on file by the club;*
 - *Any other discipline consistent with the by-laws of the club and/or N.J.S.A. 5:17-1 et. Sec.*

Please sign and return to Head Coach

Parent/Guardian Signatures:

_____ *Date:* _____ _____ *Date:* _____

_____ *Please Print Your Name*

_____ *Please Print Your Name*

_____ *Please print your child's name*

_____/_____ *Team Name / Age Group*