



## **Read & React Basketball Programs**

### **Future Ballers – Sunday Class**

**What:** 8 Training Sessions

**Dates:** 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30

**Time:** 3-5pm

**Who:** Boys/Girls, Grades K-4 (2 Divisions: K-2, 3-4)

**Where:** North Hunterdon High School

**Coaches:** United AAU Staff

**Cost:** \$240 (Single Session Cost \$40)

**Description:** This class is a fundamental basketball program that focuses on teaching beginners the basics including shooting, defense, floor spacing, passing, dribbling and many other important aspects of the game. Our curriculum will focus on teaching the fundamentals of the game while also having FUN! Players will be grouped into teams and experience daily fundamental skill breakdowns, full court drills, as well as both 3 on 3 and 5 on 5 games.

### **Training Program – Sunday Class**

**What:** 10 Training Sessions

**Dates:** 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13

**Time:** 5-7pm

**Who:** Boys/Girls, Grades 5-8

**Where:** North Hunterdon High School

**Coaches:** United AAU Staff

**Cost:** \$300 (Single Session Cost \$40)

**Description:** Our belief is that dedicated players want to improve their game through hard work and intense drilling. These workout sessions will take players through a detailed shooting curriculum focusing on player shooting form, mechanics and range. Shooting instruction will progress from basic form shooting to open floor drills with a variety of stops being introduced. Players will also be drilled daily with ball handling, passing, rebounding, defensive footwork and many other key aspects of the game. Players will be expected to implement the footwork and drills learned into 1-1, 3-3 and 5-5 game-like progressions

### **More Information**

Web Site: [www.hunterdonhoops.com](http://www.hunterdonhoops.com)

E-mail: [hunterdonhoops@gmail.com](mailto:hunterdonhoops@gmail.com)

Phone: 866-235-7734