

Barley Sheaf Spring Sprint 5K

1 MILE FUN RUN/WALK

It's been a long, cold winter so grab your family, friends and neighbors and come out of hibernation to join us for some healthy family fun to benefit Barley Sheaf School and our children!

When : Sunday, April 29th Rain or Shine !

5K run and Fun Run/Walk will begin @9:00 am

Where: Barley Sheaf School

The 5K course will be (2) 1.51 mi. loops

The Fun Run/Walk will be a 1 mi. loop

A digital clock will be provided at the finish for your convenience.....you will be responsible for your own time

Pre-Registration will begin on **Feb 1st** and close on **April 1st**

You may register on race day from 7:30 am to 8:45 am

Registration fees: Non Refundable

5K: \$15 pre -registration \$20 on race day* **Fun Run/Walk:** \$12 pre-registration \$15 on race day

Family (of 4 or more) \$50 pre- registration includes 2 free T's of your size choice or \$55 on race day- no T's

Families: please complete (1) form for each family member and include all forms w/ your \$50 fee

All Pre-Registered individual participants for 5K & 1 mi. Fun Run will receive a FREE T –Shirt!

T-SHIRTS WILL BE AVAILABLE FOR PURCHASE ON RACE DAY ON A FIRST COME FIRST SERVE BASIS...
QUANTITIES ARE LIMITED!!! SPIRIT WEAR WILL ALSO BE AVAILABLE.

Children that attend Barley Sheaf can bring their checks to school in an envelope marked “PTO BS 5K”.

Please make all checks payable to “Barley Sheaf PTO”

All others may send their checks to:

Barley Sheaf PTO 5K Run

80 Barley Sheaf Road

Flemington, NJ 08822

Do something good for yourself and for the children of Barley Sheaf School. ♥

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REGISTRATION FORM

PLEASE RETURN THIS FORM W/ PAYMENT ON OR BEFORE APRIL 1st

Please fill out one form for each participantPlease provide e-mail for further event information

FIRST NAME _____ LAST NAME _____ M F AGE _____ EVENT _____
ADDRESS _____ CITY _____ ZIP _____ (circle one)
PHONE () _____ - _____ ALTERNATE PHONE () _____ - _____ E-MAIL _____ CHILD'S S M L
EMERGENCY CONTACT NAME _____ PHONE () _____ - _____ T SHIRT SIZE (adult) S M L XL XXL

THERE WILL BE AN EMT UNIT ON SITE TO ASSIST YOU IN ANY WAY ON RACE DAY

I UNDERSTAND THAT I AM RUNNING THIS RACE AT MY OWN RISK AND WILL NOT HOLD BARLEY SHEAF SCHOOL,
RARITAN TWSP. OR ANYONE ELSE AFFILIATED WITH THIS RACE RESPONSIBLE.

SIGNATURE (parent signature if under 18) _____ DATE ____/____/____

Please indicate: Family Registration Individual Registration

THIS FORM MAY BE DUPLICATED AS MANY TIMES AS NECESSARY
QUESTIONS? Contact Renette Stahl renetestahl@comcast.net