

**FLEMINGTON-RARITAN REGIONAL BOARD OF  
EDUCATION**

*District Wellness Committee Meeting*

**March 9, 2020**

**9:00 a.m.**

**J.P.Case Room D-111**

**MINUTES**

**Attendance:** Alyssa Salerno, Susanna Cunniff, Kathleen Barbee, Leigh Ann Koch, Noreen Bradley, Lisa Maslankowski, Veronica Cioni, Kaila Fasano, Nadine Schnappauf, Tom Tafuri, Jessica Abbott, Stephanie Voorhees.

**1. Committee Overview**

*Role of the Committee*

*The District Wellness Committee will make recommendations to the Board of Education to establish and maintain a school environment that promotes the consumption of nutritious foods in school, provides opportunities for students to engage in physical activities and provide health and wellness education.*

**2. Wellness Fair – April 30<sup>th</sup> 3:30 – 6:00 p.m. – J.P.Case Cafeteria**

• **Review Vendor List:**

Derma Scan  
Pelvic Therapy  
Adult Day Center – Brideside  
Cardiac Care  
Health Wellness Center – Yoga  
Horizon Massage Therapy – 5  
Horizon – Giveaways & Bfit  
Reflexology – 2  
Paraffin Therapy  
Maschio's – Smoothies  
Maschio's - Health Snacks  
Health Screenings – 4  
Brown and Brown – Giveaways/Health Benefit Support

• **Review Tasks to Complete:**

KB	Contact HMC for vendors
KB	Request a donation of a Fitbit
LM	Create a Flyer
SV	Table cloths, balloons, purchase Jenga , make raffle tickets, create sign up sheets for each school, facility use, map layout, Invite FAD garden, Bring in baskets and cornhole
NB	Health Screening Sign – up (google doc)
NB	Make a large banner
SC	Massage Sign – up (google doc)

- **Discuss "Save the Date"**

Save the date notice to be emailed to District on 3/11/20  
Actual Flyer emailed to District on 3/30/20

- **Discuss Giveaways**

Brown and Brown, Horizon and Maschio's giveaways were discussed  
Raffles – Fitbit and Jenga game  
School with most attendance will receive a catered Maschio's lunch

### **3. Next Meeting**

Monday, March 30th, 4:00 p.m. – Stephanie Voorhees Office - RFIS