

FLEMINGTON-RARITAN REGIONAL BOARD OF
EDUCATION

District Wellness Committee Meeting

May 28, 2019

4:00 p.m.

Stephanie Voorhees Office – RFIS

MINUTES

Attendance: Stephanie Voorhees, Michele Goodman, Susanna Cunniff, Kathleen Barbee, Leigh Ann Koch, Noreen Bradley, Lisa Maslankowski, Kathy Scheffels, Jesse Lockett, Nadine Schnappauf, Lydia Maggio, Deb Tyler, Jessica Abbott.

1. Committee Overview

Role of the Committee

The District Wellness Committee will make recommendations to the Board of Education to establish and maintain a school environment that promotes the consumption of nutritious foods in school, provides opportunities for students to engage in physical activities and provide health and wellness education.

2. Review Indoor Air Quality Plan and Action Plan

Stephanie reviewed the action plan. She shared all of the proactive measures occurring at this time. She also noted that the recently revised IAQ District Plan will be shared once completed as well. Stephanie also spoke about details of the Referendum set for November.

3. School Reports – Building Committee Reports

Robert Hunter:

Held Dental Clinic with Zufall.

Began using Heimlich dolls with students. The nurse will begin to share procedures with the staff.

Francis A. Desmares:

Still maintaining the garden.

Working on mindfulness

Looking to dedicate Professional Learning Communities to wellness.

Copper Hill:

Staff member offers yoga to students and staff.

Walking Club meets during lunch.

Barley Sheaf:

Working on getting staff ideas through a school survey.

Reading-Fleming:

Held a Wellness Fair.

J.P. Case:

Formed a new Gardening Club.

Information on wellness added to website for staff.

4. Maschio's Update

Conducting monthly food tastings. A discussion continued regarding concern with allergies.
Confirmed that all students have access to water.
JP Case is the only school without a bottle filling station. Stephanie Voorhees will investigate.

5. Review School Committee Members

Stephanie requested that member's review the committee lists and provide updates if needed.

6. Next Meeting

At first meeting of the 2019-2020 school year, discuss the following:

- Horizon-(Insurance) has \$15,000 available to support a wellness campaign.
- Tasting concerns for students with allergies.