



# The Great Kindness Challenge

Weekly Schedule of Activities: January 24 - 28, 2022

## FRSD KINDNESS SPIRIT WEEK

### MONDAY

#### Kindness is Always in Style

Wear a kindness themed shirt or the color **green** for kindness

### TUESDAY

#### Dreaming of Kindness

Wear your pajamas to school!

### WEDNESDAY

#### Work Together as a Team to Be Kind

Wear your favorite team jersey or sporty clothes!

### THURSDAY

#### We are Comfortable Being Kind

Wear comfy, cozy clothes!

### FRIDAY

#### FRSD is a Kind District

Wear your school colors!

**#FRSDKind**