

SEPTEMBER

Copper Hill Elementary School

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All Meals Served All Meals are Served with the Vegetable of the Day, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice Where **Available**





Welcome Back

- Chicken Nuggets
- Oven Baked French Fries
- Whole Grain Soft Pretzel Rod •
- Strawberry Lemonade Sorbet
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Bagel Bag w/ Yogurt &

- Grilled Cheese Sandwich Tomato Soup
- Fresh Veggie Dippers
 - Assorted Fresh or Chilled
- Milk Variety
- Bagel Bag w/ Yogurt & Cheese

10

- Cheese Pizza
- Freshly Prepared Garden Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Bagel Bag w/ Yogurt & Cheese

Labor Day

13

- Cheeseburger on a Bun
- Oven Baked French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Muffin Bag Meal

14

- New Recipe!
- Crispy Chicken Sliders
- Fresh Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety

21

Muffin Bag Meal

Milk Variety

15

- All Natural Beef Hot Dog on
- Vegetarian Baked Beans
- Assorted Fresh or Chilled Fruit
 - Milk Variety

22

· Muffin Bag Meal



Yom Kippur

- Pizza Crunchers with Marinara Sauce
- **Cucumber Coins**
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Muffin Bag Meal

20



- Crispy Chicken Sandwich
- Local Tomato Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Bagel Bag & Yogurt Meal

- Egg, Ham, & Cheese on a Breakfast for Lunch! French Toast Sticks
 - Breakfast Sausage
- Oven Baked French Fries Local Fresh Pepper Dippers
 - Oven Baked Sweet Potato Fries
 - Assorted Fresh or Chilled Fruit
 - Milk Variety
 - Bagel Bag w/ Yogurt & Cheese

23

16

- Pasta with Meat Sauce
- Broccoli Italiano
- Garlic Breadstick
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Bagel Bag w/ Yogurt & Cheese

24

- Bella's Pizza
- Local Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety



Bagel Bag w/ Yogurt & Cheese

27

Johnny Appleseed Day Celebration!

- Creamy Mac & Cheese
- Green Beans
- Mini Cornbread Loaf
- Local Fresh Apple
- Milk Variety Muffin Bag Meal

28

Cheeseburger on a Bun

Assorted Fresh or Chilled

- Seasoned Potato Wedges
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Muffin Bag Meal

29

- Cheese Lasagna Roll-up With
- Marinara Sauce
- Herb Breadstick
- Sauteed Spinach Assorted Fresh or Chilled
- Fruit Milk Variety
- Muffin Bag Meal

30

- New Recipe!
- Chicken Tender Churro Basket with Honey Sriracha Sauce and Sweet Potato Fries
- Assorted Fresh or Chilled
- Fruit Milk Variety
- Muffin Bag Meal