

# Nurtured Heart Approach

THE NURTURED HEART APPROACH® (NHA) IS A PHILOSOPHY FOR CREATING HEALTHY RELATIONSHIPS WITH PEOPLE IN YOUR LIFE.

THE NURTURED HEART APPROACH® FOCUSES ON:

SELF-REGULATION

TRANSFORMING THE WAY CHILDREN PERCEIVE THEMSELVES,  
THEIR CAREGIVERS, AND THE WORLD AROUND THEM

TEACHING CHILDREN THAT THEY WILL RECEIVE RECOGNITION  
THROUGH POSITIVE BEHAVIOR

SEEING INTENSITY TO BE A POWERFUL QUALITY THAT, IF  
DEVELOPED CORRECTLY, CAN DRIVE CHILDREN TO AMAZING  
ACHIEVEMENTS

*JOIN US FOR AN EVENING OF LEARNING!*

MARCH 21ST, 2024 6:30PM-8:30PM  
ROBERT HUNTER ELEMENTARY SCHOOL  
8 DAYTON ROAD  
FLEMINGTON, NJ 08809

CLICK [HERE](#) TO REGISTER

