





FEBRUARY

Flemington Raritan School District Lunch


MONDAY

1

- Oven Roasted Chicken
- Mashed Potatoes
- Steamed Corn
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



TUESDAY

2

- French Toast Sticks
- Breakfast Sausage
- Sweet Potato Fries
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



WEDNESDAY

3

- Creamy Mac & Cheese
- Warm Breadstick
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal




THURSDAY

4



- All-Natural Beef Hot Dog on a Bun
- Potato Wedges
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

FRIDAY



5

- Cheese Pizza 
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



8

- Oven Roasted Chicken
- Mashed Potatoes
- Steamed Corn
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal




9

- French Toast Sticks
- Breakfast Sausage
- Sweet Potato Fries
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

10

- Creamy Mac & Cheese
- Warm Breadstick
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

11

- Cheese Pizza 
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

12



 No School

15





- Chicken Nuggets
- Rice
- Sauteed Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



16

- Chicken Nuggets
- Rice
- Sauteed Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal




17

- Pasta with Meat Sauce
- Warm Breadstick
- Green Beans
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



18

- Cheeseburger on a Bun
- Oven Baked French Fries
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



19

- Cheese Pizza 
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



22

- Chicken Nuggets
- Rice
- Sauteed Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal



23

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Steamed Corn
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal




24

- Pasta with Meat Sauce
- Warm Breadstick
- Green Beans
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

25

- Cheeseburger on a Bun
- Oven Baked French Fries
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

26

- Cheese Pizza 
- Baby Carrots
- Fresh Fruit or 100% Fruit Juice  
- Maschio's Swap Out**
- Bagel Bag & Yogurt Meal

Breakfast and Lunch Prices Student Lunch: \$3.00, Reduced Lunch: \$0.00, Adult Lunch: \$3.50, Student Breakfast: \$1.50, Reduced Breakfast: \$0.00, Adult Breakfast: \$2.00

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 1/14/2021.