

# Your resource for maternal mental health in Hunterdon County

Postpartum Wellness  
of Hunterdon County



## Who we are

We are a 501(c)(3) charitable organization committed to raising awareness and providing resources and funds for maternal mental health throughout our local community.

Postpartum Wellness of Hunterdon County was founded by 4 local moms with a mutual desire to help moms and families who may be struggling during the postpartum period.

## Let us help you get the postpartum support you deserve!

If you or someone you know is struggling with maternal mental health, we can offer:

- An extensive list of mental and physical postpartum health experts
- A growing list of local “mom and baby” activities and events
- Monetary assistance to enable moms to access the support they need

We also offer grants to postpartum support professionals seeking further certification specific to perinatal health.

## Upcoming Events

**APR 26-28**

### Kendra Scott Fundraiser

20% of your purchase will go directly to PWHC

**APR-JUNE**

### Brianna Lynn Photography

10% of your Spring session price will go directly to PWHC

**SUMMER  
2024**

### Music Together Fundraiser

**FALL  
2024**

### PWHC Annual Resource Fair

Learn more about  
these events here:

Contact us for support or  
to get involved today!

✉ [postpartumwellnesshc@gmail.com](mailto:postpartumwellnesshc@gmail.com)

🌐 [www.postpartumwellnessofhunterdoncounty.com](http://www.postpartumwellnessofhunterdoncounty.com)

📷 [@postpartumwellnesshc](https://www.instagram.com/postpartumwellnesshc)

