



J.P. CASE MIDDLE SCHOOL

301 Case Blvd., Flemington, NJ 08822

www.frsd.k12.nj.us

Phone: 908-284-5100 Fax: 908-284-5144

Marissa Geist, School Social Worker

Amy Lopez, School Counselor

October 21, 2022

Dear 8th Grade Parents,

J.P. Case Middle School is offering a self-esteem and empowerment counseling group for 8th grade students this school year.

The goal of this group is to encourage and empower our 8th grade students to foster and maintain appropriate and effective relationships, especially in preparation for high school. The group will also focus on how to build self-confidence and self-esteem.

The students will be supported in group by Mrs. Lopez (8th Grade School Counselor) and Ms. Geist (School Social Worker).

The group will meet Wednesdays during 8th grade Lunch/DEAR in the guidance conference room. Students will have the full 40 minutes to eat their lunch.

This is a voluntary counseling group, students who are interested should reach out to Mrs. Lopez or Ms. Geist. Keep an eye out, because the group will be rotating every four-six weeks! The group will be starting Wednesday, November 9th, 2022.

If you have any questions or would like to participate, please reach out to Mrs. Lopez (amy.lopez@frsd.us), or Ms. Geist (marissa.geist@frsd.us).

Kind regards,

Amy Lopez & Marissa Geist