



Outreach Workshop Participant Parent/Guardian/Caregiver Letter

Hunterdon Central Regional High School partners with its four sending districts

Spring, 2024

Dear Parent/Guardian/Caregiver,

Our school is one of 50 New Jersey high schools and organizations participating in an exciting peer education program called the Teen Prevention Education Program (Teen PEP).

Teen PEP was developed in 1995, continually updated, through a collaboration among the New Jersey Department of Health (NJDOH), the Center for Supportive Schools (CSS) and HiTOPS Teen Health and Education Center. The program is based on the peer-to-peer education model developed by CSS and the nationally recognized comprehensive sexual health curriculum co-developed with HiTOPS and approved by NJDOH.

Carefully selected junior and senior student peer educators from Hunterdon Central are highly trained through a regularly scheduled health education course to deliver a series of outreach workshops to the students in the 9th grade class at Hunterdon Central and the 8th grade classes at the four sending districts. These workshops are designed to increase knowledge, skills, and behaviors to empower teens with the tools they need to make healthy, responsible decisions and have healthy relationships.

This spring, the senior Teen PEP class will be visiting our school to conduct an assembly called “*You Deserve the Best: A Workshop on Healthy Relationships.*” The objective of the workshop is for each student to be able to:

- **Describe** how they want to be treated in a relationship (friendship and romantic)
- **Explain** why it is important to uphold one’s values and standards in relationships
- **Identify** five characteristics of healthy relationships
- **Demonstrate** the use of effective communication skills through the use of *I-Statement*

If you have questions about Teen PEP, please email your child’s Health & PE teacher or your school’s principal. If you would prefer that your student **not** participate in Teen PEP outreach workshops, please complete the form below and submit it to your student’s Health and PE teacher. Forms are due one week before the scheduled workshop (dates below).

I would like for my child to **NOT** participate in Teen PEP at our school this spring, 2024. I understand that my student may be given an alternative assignment by their Health and Physical Education teacher.

*****If you have no objections to your child participating in the Teen PEP workshop, you do not need to submit this form.*****

JP Case, 4/18 - 4/19/24

Delaware Twp, 4/23/24

East Amwell, 4/23/24

Readington, 4/24/24

(Name of Student)

(Name of Parent / Guardian / Caregiver)



(Date)

X _____
(Signature of Parent / Guardian / Caregiver)

Scan the QR code on the left for a video that highlights the Teen PEP peer educators in action.