

Kindergarten Snack

This year our snack time will take place in the afternoon. Therefore, please encourage your child to eat a healthy breakfast before coming to school so he/she has a great jump-start for learning!

In order to avoid confusion for your child during lunch and snack time, we ask that you please pack snack in a small container or bag in a **separate pocket** in his/her backpack. Please do not put it in your child's lunch box.

Snacks should be simple, healthy and easy for your child to manipulate. Items like pretzels, small pieces of fruit, Go-gurts, carrots and crackers are just a few simple suggestions.

We do have a water fountain in the classroom, so we ask that you not send a drink for snack unless we are experiencing some really warm weather.

Thank you for your cooperation!

The Kindergarten Team

