

Social Skills Summer Packet

Directions: There are a few activities listed to keep you practicing for each week of summer vacation. Do the activities with Mom or Dad and have them sign and date once you complete each week. Bring the packet back **completed by September 7th** 😊

Week 1: June 28th - July 4th (Parent Sign/Date: _____)

- **My dad woke up on the wrong side of the bed. (Idiom)**
 - a. He woke up on the left side of the bed
 - b. He is in a bad mood
 - c. He woke up in a good mood
- **John is a bookworm. (Metaphor)**
 - a. John is a worm
 - b. John lives in a book
 - c. John loves to read
- **I am as hungry as a horse. (Simile)**
 - a. I am a horse
 - b. I am really hungry
 - c. I want to eat grass.

Week 2: July 5th – July 11th (Parent Sign/Date: _____)

- You are trying to listen in math class but the students behind you are talking. You try to ignore them but their conversation is distracting you. What 2 things could you do?

Week 3: July 12th –July 18th (Parent Sign/Date: _____)

- Your gym teacher says that we will have a physical fitness test in one week. You will be tested on your ability to do push ups, sit-ups, and pull-ups. You don't know how to do push ups and become nervous. What are 2 things you can do to feel confident for your test?

Week 4: July 19th –July 25th (Parent Sign/Date: _____)

- Start a conversation with someone new at summer camp or at the park. 😊

Week 5: July 26th –August 1st (Parent Sign/Date: _____)

- FREE WEEK! Go outside and play something fun 😊😊😊

Week 6: August 2nd- August 8th (Parent Sign/Date: _____)

- What could you do or say to a new student in your class?

Week 7: August 9th –August 15th (Parent Sign/Date: _____)

- What are 3 ways you could relax when you get frustrated this summer?

Week 8: August 16th - August 22nd (Parent Sign/Date: _____)

- List 5 things that are good to do when working in a group.

Week 9 : August 23rd - August 29th (Parent Sign/Date: _____)

- What are you most excited about for the first day of 6th grade?

- What are you most anxious about for the first day of 6th grade?

- What can you do to become less anxious about this?

Return the completed packet to me by September 7th for your prize and your name to be entered into the drawing for a 5 below gift card. 😊

Great work!!!